

The Suthers School
Cross Lane
Fernwood
Newark
Nottinghamshire
NG24 3NH

+44 (0) 1636 957690
www.suthersschool.co.uk
contact@suthersschool.co.uk
@SuthersSchool
thesuthersschool

Head Teacher
Nicola Watkin BA (Hons), PGCE, NPQSL
Executive Head Teacher
Andy Seymour BA (Hons), PGCE, NPQH



THE
SUTHERS
SCHOOL



Dear Parents/Guardians

I am delighted to announce that Cook Stars Southwell and Mansfield is now running on a Friday afternoon at The Suthers School. After 15 years working as a teacher, I have recently launched these sessions which now run within local schools and charities. I support the curriculum and provide the opportunity for children to follow their interest in cookery.

Our sessions will alternate between sweet and savoury recipes and the children will learn key cookery skills. The sessions are fun and interactive, discussing healthy eating and learning how to be safe in a kitchen. Afterwards the children will come home with everything they have cooked. I provide all the ingredients and know-how for the recipes, but it will be the children who weigh, chop and cook everything.

My sessions at Suthers will run from 3-4pm for the next 10 Fridays. Places will be allocated on a first come, first served basis. The school is financing these sessions, so they are free of charge to you this term. I will be running a waiting list so please do sign up. If you would like to register your child for these lessons, please follow this link:

<https://cook-stars-southwell-and-mansfield.class4kids.co.uk/info/8>

This will then allow you to book a place and let me know of any dietary or allergy needs I should be aware of.

If you have any questions about these sessions, please do contact me on:

steph@cookstars.co.uk

I look forward to meeting your children on Friday.

Steph Sheppard



<https://www.cookstars.co.uk/cooking-classes/southwell-and-mansfield>