



Dear Parents/Carers,

Thursday, September 16, 2022

### Personal Development Curriculum – Key Stage 4

As the first term of the new school year gets underway, I am writing to inform you about how Personal Development is being delivered at The Suthers School for students in Years 10 and 11.

Personal Development will now be delivered during the Active Tutor Programme for 20 mins each week with their Form Tutors. It will also be delivered during Drop-Down Days through the school year with the support of external providers to ensure high quality education for our young people. Students will also have access to our school nurse.

Please find below a table that summaries the topics covered during Active Tutoring that support the topics covered in the Drop-Down Day.

Term	Year 10 Active Tutoring Topic Wednesday 8.30-8.50	Year 11 Active Tutoring Topic Thursday 8.30-8.50	Drop-Down Day/Date
1	<b>Gambling, debt and financial decision making</b>  Risks associated with online behaviours between online and physical world. Collection and sharing of data. Prevention of debt. Positive financial decision making. Mental Health awareness linked to gambling.		<b>Financial Management Learning Day</b> 1 <sup>st</sup> November 2022
2	<b>Relationships</b>  Sexual relationships (including (LGBTQIA+), Gender Identity, risks associated with alcohol/drugs in sexual relationships, choices and challenges in intimate relationships.  Impact of media and pornography, pregnancy, abortion and miscarriage.		<b>Relationships Learning Day</b> 10 <sup>th</sup> January 2023
2	<b>Careers</b> Post 16 Choices and Pathways: -BTEC -T Levels/A Levels -Apprenticeships -Unifrog Learning Plan Year 11		<b>Careers Learning Day</b> 28 <sup>th</sup> March 2023
3	<b>Staying Safe</b> Sexual consent and exploitation, abuse, rape, domestic abuse, honour-based violence, FGM. Coercive Control. Benefits of self-examination and		<b>Stay Safe Learning Day (Y10 only)</b> 18 <sup>th</sup> April 2023

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	screening. Extremism and radicalisation.		
3	<b>Work Experience</b> -Unifrog Learning Plan -Personality type revisited -Work Experience readiness including contacting placements, workplace dress code and conduct and safety. -CVs and letters -TORCH to Careers -Job/Career families		<b>Work Experience Week (Year 10 only)</b> 10- 14 <sup>th</sup> July 2023.

If you have any questions please don't hesitate to contact me directly by emailing [jp Pettit@suthersschool.co.uk](mailto:jp Pettit@suthersschool.co.uk)

Yours faithfully,

**Head of Personal Development and Careers Lead**