

# Year 7 Practice Learning Document

In this booklet you will find an outline of your Practice Learning tasks to be completed for this half term.

All Practice Learning tasks are essential to your learning in lessons and revolve around three principles:

- Retrieval – helping you to retain and remember information
- Consolidation – helping you to secure knowledge or skills
  - Pre-reading or research – preparing you for learning

Your teachers will give you further resources and information surrounding your tasks during the week they are set and all work complete will be used as part of your lesson, so it is important to complete it on time.

Remember, if you are unsure of the work you need to complete you can: seek support in The Fern at lunch times, speak to your teacher or attend study club after school.

January – February 2023

# Subject: English

# Unit: War Poetry

Date set w/c	Task	Date due w/c
9 <sup>th</sup> January 2023	Pre-reading: Complete the pre-reading entitled, '1. How to respond to poetry'.	16 <sup>th</sup> January 2023
16 <sup>th</sup> January 2023	Consolidation: Create a propaganda poster which evokes patriotism for a war of your choice.	23 <sup>rd</sup> January 2023
23 <sup>rd</sup> January 2023	Retrieval: Use Recommended Reading link 2: 'How to study poetry – language' to test yourself on what we have studied so far.	30 <sup>th</sup> January 2023
30 <sup>th</sup> January 2023	Pre-reading: Why are there differing viewpoints of the same war? Use The Useful Research Site link 2: 'When is it right to go to war?'. Take notes.	6 <sup>th</sup> February 2023
6 <sup>th</sup> February 2023	Consolidation: Create an A3 mind map OR flash cards on the poems we have learnt about so far. Include a small picture to help you remember the imagery, any key words and the techniques used in the poem.	20 <sup>th</sup> February 2023

1. Propaganda
2. Patriotism
3. Stanza
4. Enjambment
5. Caesura

## Recommended Reading

1. Glossary of Literary Terms with examples:  
<file:///S:/CDMProfile/Downloads/Glossary.pdf>
2. When is it right to go to war?  
<https://www.youtube.com/watch?v=3F6vdlhXUCs> (emotional content warning)
3. What is a poet Laureate?  
<https://poetrysociety.org.uk/topics/poet-laureate/>

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books

1. How to respond to poetry  
<https://www.bbc.co.uk/bitesize/topics/zqsvbqt/articles/zj8mxbk#zrr6hcw0>
2. How to study poetry – language  
<https://www.bbc.co.uk/bitesize/topics/zryk8hv/articles/z73kkty>
3. Armistice 100 – School Poetry Collection (available at the fern)

## Useful Research Sites

Spring Term 1 – January to February 2023

Year 7

# Subject: Maths

# Units 1 – 6 Practice Learning

Date set	Task	Date due
WC 9 <sup>th</sup> January 2023	<b>Retrieval</b> Unit 1 – Sequences Unit 2 – Types of Number	WC 16 <sup>th</sup> January 2023
WC 16 <sup>th</sup> January 2023	<b>Consolidation</b> Unit 5 – Statistics	WC 23 <sup>rd</sup> January 2023
WC 23 <sup>rd</sup> January 2023	<b>Retrieval</b> Unit 3 – Perimeter Unit 4 – Averages	WC 30 <sup>th</sup> January 2023
WC 30 <sup>th</sup> January 2023	<b>Pre-Reading</b> 'Who was Ada Lovelace?'	WC 6 <sup>th</sup> February 2023
WC 6 <sup>th</sup> February 2023	<b>Consolidation</b> Unit 6 – Rounding to Decimal Places and Significant Figures	WC 20 <sup>th</sup> February 2023

All Retrieval and Consolidation tasks are set on MathsWatch.

1. Approximate
2. Compound
3. Convert
4. Equivalent
5. Frequency

## Recommended Reading

1. vle.mathswatch.co.uk  
(username example: jbloggs@suthers  
Password: suthers2022)
2. corbettmaths.com
3. nrich.maths.org
4. mathsisfun.com

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books



1. Humble Pi – Matt Parker
2. The Simpsons and their Mathematical Secrets – Simon Singh
3. The Little Book of Sudoku – Pete Sinden

## Useful Research Sites



Spring Term 1 – January to February 2023

**Year 7**

# Subject: Science

# Unit: 3) Forces & 4) Organ Systems

Date set	Task	Date due
WC 9 <sup>th</sup> January 2023	<b>Application</b> Write a lab report of your 'Hooke's Law' investigation into the extension of a spring.	WC 16 <sup>th</sup> January 2023
WC 16 <sup>th</sup> January 2023	<b>Consolidation</b> Choose your task from the takeaway menu, with the aim of reviewing your understanding of the given topic.	WC 23 <sup>rd</sup> January 2023
WC 23 <sup>rd</sup> January 2023	<b>Application</b> Produce a poster presentation to illustrate the structure and function of a particular organ system (skeletal, muscular or respiratory).	WC 30 <sup>th</sup> January 2023
WC 30 <sup>th</sup> January 2023	<b>Consolidation</b> Choose your task from the takeaway menu, with the aim of reviewing your understanding of the given topic.	WC 6 <sup>th</sup> February 2023
WC 6 <sup>th</sup> February 2023	<b>Consolidation</b> Complete the topic review questions given to you by your class teacher, with the aim of consolidating your knowledge	WC 20 <sup>th</sup> February 2023

*Note: all consolidation tasks are chosen from a 'takeaway menu' that can be located on Teams or in student exercise books. The overall aim of these is to review the topic in question. Application tasks may vary from topic to topic, with students being given written instructions of each task.*

1. Weight
2. Friction
3. Newton
4. Tissue
5. Alveoli

## Recommended Resources

1. [Mapping out organ systems](#)
2. [BBC Bitesize – KS3 Forces](#)
3. [Squashing and stretching \(Hooke's Law\)](#)

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books



1. [TED-Ed talk – How do lungs work?](#)
2. [BBC Curriculum bites – Adaptations of the respiratory system](#)
3. [Cell Structure](#) (retrieval)

## Useful Research Sites



Spring Term 1 – January to February 2023

Year 7

# Subject: Geography

# Unit: Ice Processes

Date set	Task	Date due
16/01/23	<p><a href="#">Glacial process guide for KS3 geography students - BBC Bitesize</a></p> <p>Follow the link and complete the activities that include short answers, watching clips and completing a quiz.</p>	23/01/23
30/01/23	<p>Produce a PowerPoint dictionary of words connected to ice processes. Include a picture/diagram/photo. Some letters may be difficult but maybe the name of a glacier or a place where they are could be used.</p> <p>e.g. A is for Abrasion - this is the process of rocks trapped in the glacier scraping or wearing away at the bedrock below.</p>	06/02/23

1. Abrasion
2. Calving
3. Glacier
4. Moraine
5. Tundra

## Recommended Reading

1. [Ice Age — Museum in the Park](#)
2. [National Parks UK // British National Parks](#)
3. [ice | National Geographic Society](#)

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books



1. The secrets of the polar regions: Life on icebergs and glaciers (Jean-Michel Cousteau presents).

2. [Glacier National Park \(U.S. National Park Service\) \(nps.gov\)](#)

## Useful Research Sites



Spring Term 1 – January to February 2023

Year 7

# Subject: History

# Unit: Medieval Realms

Date set	Task	Date due
09/01/22	<ol style="list-style-type: none"><li>1. Read the statements on the Church's power in the Middle Ages</li><li>2. Give each statement a score out of 10 for their power at this time (10= extremely powerful, 1= not powerful at all)</li><li>3. Write a summary of how the Church's power changed overtime. This should be at least 1 paragraph. Use as many words from the statements as possible.</li></ol>	20/01/22
23/01/22	<ol style="list-style-type: none"><li>1. Watch the video on the story of the Magna Carta <a href="https://www.youtube.com/watch?v=9zT4hkAxzLg">https://www.youtube.com/watch?v=9zT4hkAxzLg</a></li><li>2. Re-watch the video and write down 5-10 key points about what the Magna Carta was and what happened</li><li>3. Add 2 points about the significance of the Magna Carta (why is it so important?)</li></ol>	03/02/22
06/02/22	<ol style="list-style-type: none"><li>1. Create a poster/leaflet/booklet/mind-map about problems facing Kings in the Middle Ages.</li><li>2. Include at least 2 ideas from this list: <b>the power of the Church, the Manga Carta, the Black Death, the Peasants Revolt.</b></li><li>3. Include information about these problems and how they caused issues for Medieval kings.</li></ol>	24/02/22

1. Medieval
2. Catholicism
3. Parliament
4. Revolt
5. Monarch

## Recommended Reading

1. <https://www.bbc.co.uk/bitesize/topics/ztjrbqt> - Medieval England and the wider world
2. <https://haggerston.hackney.sch.uk/wp-content/uploads/2019/12/History-Year-7-Term-2-KO.pdf> - Middle Ages key words and summaries
3. <https://www.english-heritage.org.uk/learn/story-of-england/medieval/> - An Introduction to Medieval Britain

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books



1. Gimson's Kings and Queens- Andrew Gimson
2. Podcast- Early Medieval Britain: Everything you wanted to know

## Useful Research Sites



Spring Term 1 – January to February 2023

Year 7

The Technology curriculum at the Suthers School is on a rotation system. All students have a double lesson (1hr 40) on their timetable per week and will be taught 2 x 9 week rotations for food technology. There will be 8 pieces of practice learning in total for Year 7 students for food technology.

Subject: Hospitality & Catering

Unit: Restaurants – Year 7C and 7O

Date set	Tasks (these will be available on TEAMS and also handed out during lessons.)	Date due
w/c 9 <sup>th</sup> January	<b>Homework 1 – Complete the 4Cs worksheet</b> and <b>design</b> a safety poster for the kitchen explaining 4 health and safety rules that need to be followed in order to work safely. This can be hand drawn or completed on the computer. Ensure it is bright, colourful and well presented! PROUD!	w/c 16 <sup>th</sup> January
w/c 23 <sup>rd</sup> January	<b>Homework 2</b> - Weighing and measuring, units of measure and the correct use of weighing scales, measuring jugs and spoons.	w/c 30 <sup>th</sup> January
w/c 6 <sup>th</sup> February	<b>Homework 3</b> – the Balance of Good Health and food groups.	w/c 20 <sup>th</sup> February
w/c 27 <sup>th</sup> February	<b>Homework 4</b> – the safe use of knives, identification of knives for different foods, the Bridge and Claw grip. Traditional vegetable cuts.	w/c 6 <sup>th</sup> March

1. Cross contamination
2. Hygiene
3. Culinary
4. Conduction
5. Convection

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books

1. Exploring Food and Nutrition for Key Stage 3 – Yvonne Mackey
2. The Science of Cooking: Every Question Answered to Perfect your cooking – Dr Stuart Farrimond
3. How to dice an onion – Anne Sheasby

## Recommended Reading

1. [Food Standards Agency – www.food.gov.uk](http://www.food.gov.uk)
2. Food a Fact of Life - [www.foodafactoflife.org.uk/11-14-years/](http://www.foodafactoflife.org.uk/11-14-years/)
3. British Nutrition Foundation - [www.nutrition.org.uk/](http://www.nutrition.org.uk/)

## Useful Research Sites

Spring Term 1 – January to February 2023

**Year 7C and 7O only**

# Subject: Design Technology

# Unit: Year 7 car project

Date set	Task	Date due
w/c 9 <sup>th</sup> January	<b>Design</b> a Safety poster for the work shop explaining 4 safety rules that need to be followed in order to work safely. Ensure it is bright, colourful and well presented! PROUD!	w/c 16 <sup>th</sup> January
w/c 23 <sup>rd</sup> January	<b>Internet research.</b> Using the internet produce a collage of as many different wooden toy cars as you can. Attach to your Microsoft TEAMS group	w/c 30 <sup>th</sup> January
w/c 6 <sup>th</sup> February	<b>Numeracy.</b> Using the additional sheet provided by your teacher. Add the missing dimension in mm to the working drawing of the car project	w/c 20 <sup>th</sup> February
w/c 27 <sup>th</sup> February	<b>Spellings!</b> Learn the 20 keywords in the back of this booklet and ensure to learn how to spell them!	w/c 6 <sup>th</sup> March

1. Scroll Saw
2. Belt Sander
3. Deciduous
4. Coniferous
5. Polyethylene terephthalate

## Recommended Reading

1. <https://technologystudent.com/health1/safetyr1.htm>
2. <https://www.bloodhoundslr.com/>
3. <https://www.stem.org.uk/elibrary/resource/30113>

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books



1. Masterpieces of Modern Design (Design Museum) Catherine Dermot
2. I'm Good at: Design Technology What Job Can I Get? Richard Spilsbury
3. Making Wooden Toys, James T Stasio

## Useful Research Sites



Spring Term 1 – January to February


**Year 7**



# Subject: Music

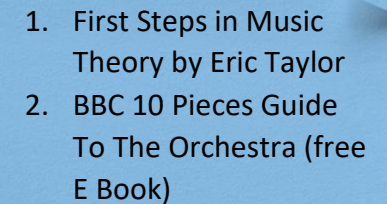
# Unit: Exploring Music

Date set	Task	Date due
09/01/22	Watch the performance of Beethoven's 5 <sup>th</sup> Symphony <a href="https://www.bbc.co.uk/programmes/articles/2TQ7jtflNVsy1c1DTCT0pBw/symphony-no-5-1st-movement-by-ludwig-van-beethoven">https://www.bbc.co.uk/programmes/articles/2TQ7jtflNVsy1c1DTCT0pBw/symphony-no-5-1st-movement-by-ludwig-van-beethoven</a> Explain how Beethoven has used the elements on the Key Vocabulary Sticker to make his music sound so powerful and dramatic.	20/01/22
23/01/22	Watch this performance of Beethoven's Moonlight Sonata from the BBC Proms in London <a href="https://www.youtube.com/watch?v=MTTdpaLomq0">https://www.youtube.com/watch?v=MTTdpaLomq0</a> Use the Key vocabulary to write a short paragraph to explain which emotions Beethoven was expressing with his music and how he achieved this.	03/02/22
06/02/22	Watch this performance of Beethoven's Fur Elise <a href="https://www.youtube.com/watch?v=s71l_EWJk7I">https://www.youtube.com/watch?v=s71l_EWJk7I</a> Describe how the music sounds, and how the performance has used different techniques to achieve this.	24/02/22


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1. Dynamics
  2. Rhythm
  3. Pitch
  4. Structure
  5. Texture

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books

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1. First Steps in Music Theory by Eric Taylor
  2. BBC 10 Pieces Guide To The Orchestra (free E Book)

## Recommended Reading



BBC 10 Pieces  
BBC Bitesize  
Classics For Kids

## Useful Research Sites



Spring Term 1 – January to February 2023

Year 7

# Subject: PE

# Unit: Rugby/Gymnastics

Date set	Task	Date due
WB 16/01	Review the following videos on the rules Rugby- <a href="https://www.youtube.com/watch?v=v7e8Y8g3sGY">https://www.youtube.com/watch?v=v7e8Y8g3sGY</a> Gymnastics- <a href="https://www.youtube.com/watch?v=SKu1L8v0Yq8">https://www.youtube.com/watch?v=SKu1L8v0Yq8</a>	WB 30/01
WB 30/01	Rugby Passing <a href="https://www.youtube.com/watch?v=C1lCmz-fvGo">https://www.youtube.com/watch?v=C1lCmz-fvGo</a> Gymnastic Rolls <a href="https://www.youtube.com/watch?v=Ginta9ovBYo">https://www.youtube.com/watch?v=Ginta9ovBYo</a>	WB 20/02
WB 20/02	Rugby Tackling <a href="https://www.youtube.com/watch?v=mMHRZ8LzS7Q">https://www.youtube.com/watch?v=mMHRZ8LzS7Q</a> Gymnastic Flight Shapes <a href="https://www.youtube.com/watch?v=yBPHMCUJ8q4">https://www.youtube.com/watch?v=yBPHMCUJ8q4</a>	WB 06/03
WB 06/03	Rugby Rucking <a href="https://www.youtube.com/watch?v=_2iMHprgNbU">https://www.youtube.com/watch?v=_2iMHprgNbU</a> Gymnastic vaulting <a href="https://www.youtube.com/watch?v=Qfc2_xxV-B0">https://www.youtube.com/watch?v=Qfc2_xxV-B0</a>	WB 20/03
WB 20/03	Rugby Game Play <a href="https://www.youtube.com/watch?v=em0cfhGE5HM">https://www.youtube.com/watch?v=em0cfhGE5HM</a> Women's Gymnastics Disciplines <a href="https://www.youtube.com/watch?v=Rr-NVhPJRJg">https://www.youtube.com/watch?v=Rr-NVhPJRJg</a>	WB 03/04

## Rugby

Ruck  
Maul  
Scrum  
Fly Half  
Scrum Half  
Forward Line  
Defensive Line

## Gymnastics

Roll  
Flight  
Landing  
Balance  
Posture  
Tension  
Mirroring

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books

## Governing Body

## Websites

<https://www.bbc.co.uk/sport/rugby-union>

<https://www.bbc.co.uk/sport/gymnastics>

[www.british-gymnastics.org](http://www.british-gymnastics.org)

[www.englandrugby.com](http://www.englandrugby.com)

## Useful Research Sites

Spring Term 1 – January to February 2023

Year 7

# Subject: Art

# Unit: Sculpture

Date set	Task	Date due
WB 16/01	Collect three different items to decorate your doughnut sculpture (e.g. beads, sequins, painted pasta or rice, etc.)	WB 23/01
WB 30/01	Create an Artist Research Page in your Sketchbook on the Artist 'Jae Yong Kim'	WB 06/02

1. Mundane
2. Consumerism
3. Installation
4. Papier-Mache
5. In-situ

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books



1. Art, A children's encyclopedia - DK
2. Art Matters – Neil Gaiman
3. 3D Art Adventures - Maja Pitamic and Jill Laidlaw

## Recommended Reading



1. Tate Kids - <https://www.tate.org.uk/kids>
2. Tate Art - <https://www.tate.org.uk/art>
3. Met Kids - <https://www.metmuseum.org/art/online-features/metkids/>

## Useful Research Sites



## Art Challenge

Art Challenge is a chance for you as a keen artist to find out more and try something creative out. It is **optional** and will not be marked but we would love to see what you create and celebrate your investigation with you. A new Art Challenge is set every half term.

### Create a sculpture design for our school garden

- The sculpture must evoke the feeling of nature and community along with having reference to trees.
- Add labels to explain the colours and materials of your design

One design will be chosen to be created by a sculpture artist and displayed in the school garden



Spring Term 1 – January to February 2023

Year 7

# Subject: French

# Unit: Ma famille (My Family)

Date set	Task	Date due
WB 16/01	Revise current booklet for KLC on the topic of "C'est moi"	w/c 23/01
WB 30/01	Complete Homework Booklet Session 1	TBC
WB 20/02	Complete Homework Booklet Session 2	TBC
WB 06/03	Complete Homework Booklet Session 3	TBC
WB 20/03	Complete Homework Booklet Session 4	TBC

1. personnes (people)
2. je m'entends (I get on)
3. ma famille (my family)
4. j'avais (I had)
5. j'aurais (I would have)

## Recommended Viewing

1. Mika (sings in French and English)
2. Julien Doré
3. Ben Mazué

## Key Vocabulary

Learn these using the suggested activities in your vocabulary books

1. Nailed It! France (Netflix)
2. Dilili in Paris (Amazon)
3. Mediterranean with Simon Reeves (Episode 1)

## Useful Research Sites

Spring Term 1 – January to February 2023

**Year 7**